

# Influence of Uncertainty in Metabolic Dynamic Time Constant on Instantaneous Cost Mapping Techniques

Kimberly Ingraham, Daniel Ferris, and C. David Remy  
University of Michigan, Ann Arbor, MI  
*kaingr@umich.edu*

## Introduction

Newly developed ‘body-in-the-loop’ optimization algorithms have the potential to dramatically improve the performance of robotic assistive devices, such as prostheses and exoskeletons. These algorithms minimize a physiological cost function (e.g., energy expenditure) over a range of parameter values (e.g., controller timing) to determine the optimal parameter setting [1]. Successful implementation of these algorithms depends on the underlying instantaneous metabolic cost (i.e., how metabolic expenditure varies as a function of parameter setting). To this end, the relationship between instantaneous energetic cost,  $x$ , and experimentally collected breath measurements,  $y$ , can be modeled as a first-order linear system with a single subject-specific time constant,  $\tau$ , according to [1, 3]:

$$y_i = \left(1 - \frac{h_i}{\tau}\right) y_{(i-1)} + \frac{h_i}{\tau} x_i. \quad (1)$$

To implement real-time optimization algorithms, we are interested in the relationship between between instantaneous energetic cost,  $x$ , and parameter,  $p$  (i.e., the cost landscape,  $x(p)$ ). More importantly, we are interested in the *minimum* of  $x(p)$ , which corresponds to the energetically optimal parameter value. To obtain an estimate of  $x(p)$ , one could simply invert (1) and solve for  $x$  at each parameter value, using experimental measurements of metabolic cost. Another proposed method expresses  $x(p)$  as a polynomial function [1]. The optimal coefficients of this polynomial are determined by computing a pseudo-inverse of a specially-formulated matrix,  $\mathbf{A}$ , which incorporates the recursive dynamics from (1) and the polynomial function,  $x(p)$  [1].

Irrespective of the chosen method to estimate  $x(p)$ , the identification of the energetically optimal parameter setting depends explicitly on the time constant,  $\tau$ , of the subject’s respiratory dynamics. One common way to identify an individual subject’s  $\tau$  is to induce an instantaneous step change in workload (e.g., increase walking speed from 1.0 m/s to 1.5 m/s) and measure the subject’s breath-by-breath response. It is then possible to fit a first-order model to the measured data by minimizing

the sum of squared error between the model and each breath. The  $\tau$  of the best-fit model is taken as the subject’s respiratory dynamic time constant. There is a significant amount of inter-subject variability in  $\tau$  values; a previous study reported time constants from 20-60 seconds for able-bodied subjects walking on a treadmill [3].

Any method for estimating the relationship  $x(p)$  requires the collection of experimental breath measurements,  $y_i$  across a sequence of parameter values,  $p_i$ . Therefore, the estimate of  $x(p)$  can be influenced by the sequence of parameters tested. One method, instantaneous cost mapping (ICM), measures metabolic expenditure over a continuous sweep of parameters and estimates  $x(p)$  from these data. Various parameter sweeping sequences (e.g., a unidirectional ramp [1] or bidirectional ramp [2] across parameters) have been explored for use in ICM algorithms. Gradient descent techniques, which estimate a local metabolic gradient at an initial parameter and step iteratively towards an energetic minimum, have also been explored [1].

As such, the purpose of this study is twofold. First, we investigate how accurately we are able to estimate  $\tau$ , and what factors (e.g., signal noise) influence our ability to identify  $\tau$  on a subject-specific basis. Second, we investigate how uncertainty in  $\tau$  propagates through the system and affects the identification of the subject’s energetically optimal parameter setting. For the purposes of this study, we will use the ICM methodology outlined in [1] to estimate  $x(p)$ . We hypothesize that uncertainty in  $\tau$  will increase with the amount of signal noise, but that using a bidirectional ramp parameter exploration strategy will mitigate the effect of this uncertainty on identifying a minimum value. The results of this study will inform the refinement of current body-in-the-loop optimization methodologies.

## Methods and Results

### *Uncertainty in Identification of $\tau$*

We used computer simulation to examine the effects of three factors on the prediction of  $\tau$ : noise in the metabolic measurements, magnitude of the

workload step size, and the actual time constant ( $\tau_{act}$ ). We created metabolic data by simulating breath dynamics according to (1), and adding white Gaussian noise to the signal. We fit a first-order model to the noisy data to estimate  $\tau$  of the underlying signal ( $\tau_{est}$ ), which was constrained between 5 and 150 seconds. We repeated this simulation 1000 times for each  $\tau_{act}$  (20-60 sec), metabolic step size (0.18-0.93 W/kg), and standard deviation (SD) of noise added to the signal (0.0-0.5 W/kg). We fit a normal model to the 1000  $\tau_{est}$  values, and compared the standard deviation of the models across conditions (Figure 2.1).

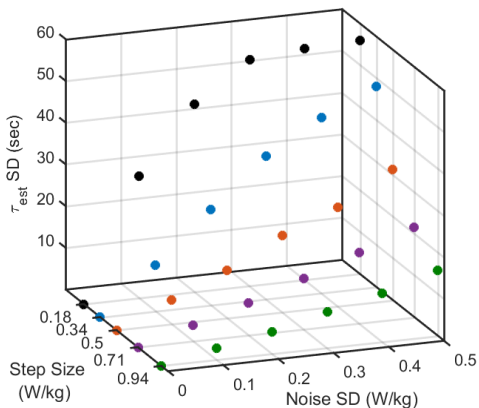


Figure 1: The standard deviation of  $\tau_{est}$  values ( $z$ -axis) increased as signal noise ( $y$ -axis) increased and metabolic step size ( $x$ -axis) decreased. Results are shown for  $\tau_{act} = 40$  sec.

#### Propagation of Errors in $\tau$

We used computer simulation to investigate how  $x(p)$  is affected by errors in  $\tau$ . We generated “clean” (no noise) metabolic data according to (1).  $\tau_{act}$  was 45 seconds for these data, and the underlying  $x_{act}(p)$  was a parabola, centered at 0. We simulated an ICM protocol that ramped for 8 minutes as either a unidirectional ramp [1] or a bidirectional ramp [2]. We formulated an  $\mathbf{A}$  matrix for the same data, but used 10 different  $\tau_{est}$  values from 10-100 seconds. We then used the pseudo-inverse of the  $\mathbf{A}$  matrix to generate each  $x_{est}(p)$ , and compared the results to  $x_{act}(p)$  (Figure 2.2).

#### Discussion

This study presents preliminary investigations into how uncertainty in estimates of  $\tau$  affects our ability to identify a minimum of  $x(p)$  using ICM techniques. As hypothesized, uncertainty in  $\tau$  increased as signal noise increased and step size decreased (Figure 2.1). In practice, given some measurable signal noise, these data could be used as

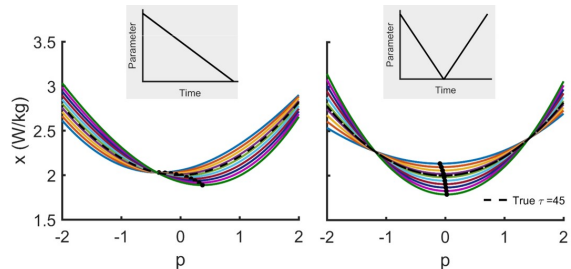


Figure 2: The unidirectional ramp (left) resulted in minimum locations ( $x$ -values) within  $\pm 10\%$  of the actual minimum; the corresponding metabolic cost ( $y$ -values) was between 3.5% higher and 14% lower than the actual minimum. The bidirectional ramp (right) resulted in minimum locations within  $\pm 2.5\%$  of the actual minimum; the corresponding metabolic cost was between 26% higher and 17% lower than the actual minimum.

a lookup table to determine how large a step is necessary to obtain a desired confidence in the estimate of  $\tau$ . Future work in this area will focus on analyzing a variety of statistical distributions to best represent the uncertainty in  $\tau$  estimates. However, as shown in Figure 2.2, the use of a bidirectional ramp during the ICM protocol mitigates the effect of uncertainty in  $\tau$  on the estimate of the minimum, compared to a unidirectional ramp. In an experimental setting, noise levels in the metabolic measurements can far exceed those tested in this study, which would further increase uncertainty in the subject’s  $\tau$  value. Therefore, the results of this study suggest that due to the known dynamic delays and noise of respiratory measurements, the use of a bidirectional ramp parameter sweep should be considered best practice for ICM methodology. Future work will focus on deriving analytical expressions to describe how error in estimates of  $\tau$  propagate through the system. It is not yet clear how close our simulations would match experimental data, so we will also investigate the effects of  $\tau$  uncertainty during human locomotion with robotic assistive devices.

#### References

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